## Invitation to "Suigyo", Water Ablutions, at Ryusenji Temple on May 17<sup>th</sup> (Sat.)

## Dear applicants for the D to K Route,

Thank you very much for your participation in the "D to K route" of the "Kobo Trail 2025". We would like to invite runners on the route "D to K" to "suigyo", or the water ablutions that will take place after the "Goma" fire ceremony praying for the safe running. How about trying the water ablutions that our course director, Minehiro Yokoyama also experienced, and preparing your mind for the race on the following day?

If you hope to join, please select "Yes" for Suigyo on the entry form. The participation is limited to the first 40 people. So, we may have to turn down your applications if there are a large number of applications.

## Suigyo water ablutions fee

The fee is ¥500. Please pay it with the entrance fee.

The fee is for the lending of the costume designated for the water ablutions

## Notes and rules

- Suigyo is a sacred ceremony. Please keep quiet during the ablutions.
- To participate in the ablutions, please bring a swimsuit. Put on the rental robe over your swimsuit. (The rental costume is a white robe similar to a "samui" and is transparent in water. Be sure to put a swimsuit on underneath.)
- Please bring a towel and spare clothes, etc. as necessary. There are changing rooms (separated by gender) next to the ablution place.
- The organizer can pick up your big baggage before the briefing and carry it to your lodging facility. It will be convenient if you bring the goods for ablutions separately. Or, you may bring your big baggage to the briefing and ablutions' place and carry it to your lodging facility by yourself.
- Please refrain from water ablutions if you have physical concerns.



XPast event